

MOTHER/BABY SKILLS CHECKLIST

Name and Title: _____

(1) Proficient

(2) Observed

(3) No Experience

MOTHER:

- _____ Scrubbing and Hand washing
- _____ Medication Administration
 - _____ IM's
 - _____ IV's
 - _____ PCA
 - _____ Epidural Pumps
 - _____ Using Pyxis
- _____ Laboratory Specimen Collection
- _____ Vital Signs
- _____ Perineal Care/Episiotomy Care
 - _____ Epifoam
 - _____ Dermoplast Spray
 - _____ Perics (Tucks)
 - _____ Lidocaine Ointment
 - _____ Sitz Bath
- _____ Insertion Foley Catheter and Care
- _____ Daily Physical Assessment
- _____ A.M/P.M Care
- _____ Breast Care/Breast Feeding
- _____ Breast Care/Bottle Feeding
- _____ Surgical Incision Care
 - _____ Steri Strips
 - _____ Staples/Staple Removal
- _____ C & A and Protein testing of urine
- _____ DTR, Clonus, Homan's Sign
- _____ Care of the pre-term Patient
- _____ Auscultation of fetal heart tones
- _____ Non-Stress Testing (NST)
- _____ Care of the Diabetic Patient
- _____ Care of the patient with PIH
- _____ Care of the patient with Placenta Previa
- _____ Care of the patient with Hyperemesis Gravidarum
- _____ Care of the patient with post-partum hemorrhage
- _____ Care of the patient with post D & C
- _____ Care of the patient with fourth degree laceration
- _____ Blood Administration
- _____ Care of the patient post regional anesthesia
- _____ Care of the post-op patient

- _____ C-section
- _____ Tubal Ligation
- _____ Hysterectomy
- _____ Care of the patient with a fetal demise

INFANT:

- _____ Vital Signs
 - _____ Axillary Temperature
 - _____ Rectal Temperature
 - _____ Heart Rate
 - _____ Respiration
- _____ Abnormal Vital Sign Values and Corrective measures
- _____ Systematic, physical, neurological examination
- _____ Gestational Age Assessment
- _____ Determination of small, appropriate or large for gestational age
- _____ Understands risk factors for infant's different sizes and gestational ages
- _____ Understands differentiation of "well", "at risk" and "sick" newborns
- _____ Use of infant scale
- _____ Use of radiant warmer
- _____ Care of Cord
- _____ Care of Circumcision
- _____ Use of bulb syringe
- _____ Chemstrips
- _____ Feels comfortable with discharge teaching for Moms
- _____ NRP Current